



ASK is a registered charity based in Steeple Ashton seeking to support Wiltshire's parents through the provision of information, advice and services.

**Did you know?**

- ask can provide details of all childminders in the Bradford on Avon area
  - ask can help with maternity pay queries
  - ask can provide details of local activities for children
  - ask can give information and guidance if your child is being bullied
- Contact ASK on 08457 585072 info@askwiltshire.org www.askwiltshire.org

**PARENTING COURSE—2011**

Since mid-2010 the Children's Centre has run courses on parenting. In 2011, we will be offering a 9 week course on Parenting Toddlers to address some of the specific challenges involved with caring for children in this age group. If you would like to know more about the course, what it covers and how you could join in, please call Chris Auty on 01225 867184.

**TALK ABOUT .....**

Potty Training—Tuesday, 25th January, 1.30-2.30 pm  
 Bedtime Routines—Tuesday, 22nd February, 1.30-2.30 pm  
 If you feel you need help or encouragement with either of these topics, please come and join Chris at the Children's Centre (no need to book) or ring her for more information on

The Children's Centre Admin office is open 9am to 5pm, Monday to Friday but the Centre is open for information and support between 8am and 6pm. Please contact the nursery outside the admin office hours.

**The Children's Centre Team**

- Liz Purling — Centre Manager*
- Debbie Lewis — Outreach Worker*
- Chris Auty — Outreach Worker*
- Becky Bailey — Outreach Worker*
- Mary Gray — EYAT*
- Deborah Reid — Administrator*
- Tracy Marquiss— Administrator*

**Admin Office Opening Times**

MONDAY	9.00 am — 5.00 pm
TUESDAY	9.00 am — 5.00 pm
WEDNESDAY	9.00 am — 5.00 pm
THURSDAY	9.00 am — 5.00 pm
FRIDAY	9.00 am — 5.00 pm

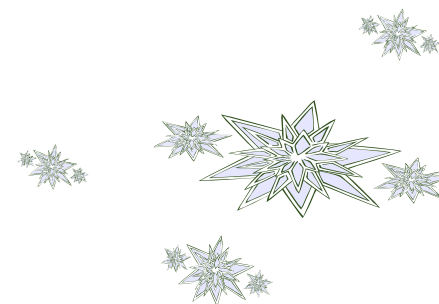
Please let the Children's Centre know if your circumstances change, you change your address, or if there is an addition to your family so that we can update your records.

**If you, or someone you know, have difficulty reading this newsletter, please contact the Children's Centre Office to discuss how we may help.**



# NEWSLETTER 14

## January/February 2011



### A Sure Start Children's Centre

HAPPY NEW YEAR!

Supporting all families with children aged 5 and under in the Bradford on Avon Community Area

**Bradford on Avon Community Children's Centre**  
**Fitzmaurice Primary School Site**  
**Frome Road, Bradford on Avon, BA15 1LE**  
**Tel: 01225 867184**



Working in partnership with



### **WEEKLY EVENTS AT THE AVON SPORTS & SOCIAL CLUB TROWBRIDGE ROAD**

- **Tweenys**—Every Thursday, 10am-11.45am - a stay and play session for under 2's. Breastfeeding peer-supporters will be attending these sessions to offer help and advice with breastfeeding.
- **Stay and Play & Toy Library**—Every Thursday, 1.00pm-3.00pm - a stay and play session for 0-5 year olds and an opportunity to borrow different toys for a small charge.

### **REGULAR EVENTS AT THE CHILDREN'S CENTRE**

- **Post Natal—Monday, 10am to 12 noon**  
The health visitors plan and run an 8 week programme of post-natal sessions. For more information please contact the Health Visiting Team on 01225 865660.
- **Bumps 'n' Babies—Monday, 1.30pm to 3.30pm**  
A drop-in group with peer support and advice for new mums and mums-to-be. Includes a breastfeeding support group and monthly visits from the health visitor.
- **Young Parents and Babies or Bumps – Tuesday, 12.15pm to 1.15pm**  
If you are 19 years old or under and are expecting or have a young child, then come along to meet others and join us for lunch.
- **Ante Natal—Tuesdays and Thursdays**  
The midwives provide ante natal appointments here at the centre. Please call the midwife team on 01225 711314 between 9am and 12 noon, Monday to Thursday, to book your ante natal appointment.
- **Under One's Group—Tuesday, 10am to 12 noon**  
The last Tuesday of every month will be a baby sensory session. If you are interested in joining, please contact the Children's Centre on 01225 867184.
- **The Child Health Clinic—Wednesday, 9.30am to 11.30 am**  
The health visitors run a weekly drop-in baby clinic here at the Children's Centre. Come along for information or advice and for baby weigh-in.
- **Twins Group—Wednesday, 12 noon to 1.15 pm**  
A drop-in group for parents/carers of twins or multiple-births.
- **Baby Massage**— Contact the health centre for any further information on 01225 865660.
- **Childminder's Drop In—1st & 3rd Thursday of each month, 9am to 12 noon**—Contact the Children's Centre on 01225 867184 for more information.

### **SCRAPSTORE**

- **January**—Woodland Tots, St. Margaret's Hall, Wednesday 12th January 9.30-11.30am
  - **February**— St. Margaret's Hall, Wednesday 23rd February, 9.30-11.30am
  - **March**—Bradford on Avon Library, Wednesday 23rd March.
- If you need any further information then please call the Children's Centre.

### **FORUM DATES**

The next two Forum meetings are due to be held at the BoA Sports and Social Club, Trowbridge Road on **Thursday, 27th January** and **Thursday, 24th March** beginning at 12.15pm. If you are interested in having a say on how the Children's Centre meets the needs of the community in the future, then you are welcome to come along and join in. A crèche will be provided for small children so you can concentrate! A light sandwich lunch will be available. For further information, please contact the Children's Centre on 01225 867184.

### **HALF TERM AT ST. MARGARET'S**

The Children's Centre will be at St. Margaret's Hall on Wednesday 23rd February, 9.30-11.30 am running fun activities for children aged 0-8. Scrapstore will be there as well so come along to join in, be creative and have fun. No need to book a place.



### **FIRST AID COURSES - FREE!**

#### **First Aid for Parents of 0-5's**

- **Thursday, 17th February—10.00-12 noon—crèche available**
- **Thursday, 3rd March—10.00-12 noon - crèche available**
- **Saturday, 5th March—10.00-12 noon**

These sessions are held at the Bradford on Avon Children's Centre. They do not give you a first aid qualification but will address your worries and concerns about illnesses and accidents and how to deal with first aid situations within your own family. If you would like more details or to join in, then please contact us on 01225 867184



### **PARENT & TODDLER GROUPS**

**Footprints Toddler Group** @ the United Church Hall — Mon 10.00-11.30am  
- Contact Catrin Alsop 01225 755993

**Holt Tiny Tots** @ United Reformed Church Hall, Holt — Tues 9.45-11.45am  
- Contact Rachel McBride 01225 782832

**Churchfield Crawlers** @ Monkton Farleigh School Hall—Tues 9.30-11.30am.  
- Contact Becky 01225 867184

**Woodland Tots** @ St Margaret's Hall — Wed 9.30-11.30am  
- Contact elanorjane@talk21.com

**Limpley Stoke Toddler Group** @ The Old Bakery, Freshford—Thurs 9.15-11.30am  
- Contact Ruth Tallboys 01225 723013

**Winsley Toddlers** @ Winsley Village Hall—Fri 10.00-12.00pm.  
- Contact Kristina by email on chocbunnie@hotmail.com

**Christian Fellowship P&T Group** @ BoA Youth and Community Centre — Fri 10-11.30am  
- Contact The Church Centre 01225 868361

**Hollyhocks Seedlings** @ Churchfields, Monkton Farleigh School Hall— Wed 12.45-2.45pm, Thurs 10.00-12.00pm & 1-2.45pm. - Contact Chrissie Weltike at chrissieweltike@hotmail.co.uk

**Broughton Gifford** @ - Thurs 10.00-11.30am  
- Contact Claire\_franco@yahoo.co.uk

*For full details please contact Deborah, Tracy or Becky at the Children's Centre on 01225 867184*